



## 27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

### Detailed evaluation

**Boeck, Sigrid**

Club: VfL 28 Ellrich

Number: 2677

Course: 14.00 km

Hauptlauf

Category:

Frauen W40

Total time: 1:10:11

Speed: 11.97 km/h

Running performance: 5:01 min/km

Rank in course/Total: 88 (of 187)

Rank in course/Women: 8 (of 43)

Best time in course: 1:02:43

Rank in category: 3(of 11)

Best time in the category: 1:04:02