



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Stadel, Uwe

Club: Sömmerda

Number: 2564

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:10:18

Speed: 11.95 km/h

Running performance: 5:01 min/km

Rank in course/Total: 89 (of 187)

Rank in course/Men: 81 (of 144)

Best time in course: 50:22

Rank in category: 17(of 27)

Best time in the category: 54:49