



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Wenzlowski, Stefan

Club: Gruppe Lauflos Bad Berka

Number: 2604

Course: 14.00 km

Hauptlauf

Category:

Männer M30

Total time: 1:10:57

Speed: 11.84 km/h

Running performance: 5:04 min/km

Rank in course/Total: 97 (of 187)

Rank in course/Men: 87 (of 144)

Best time in course: 50:22

Rank in category: 6(of 10)

Best time in the category: 53:06