



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Grohmann, Jörg

Club: LTV Erfurt

Number: 2541

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:12:29

Speed: 11.59 km/h

Running performance: 5:11 min/km

Rank in course/Total: 106 (of 187)

Rank in course/Men: 92 (of 144)

Best time in course: 50:22

Rank in category: 18(of 27)

Best time in the category: 54:49