



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Jonke, Lutz

Club: Apolda

Number: 2546

Course: 14.00 km

Hauptlauf

Category:

Männer M35

Total time: 1:13:20

Speed: 11.45 km/h

Running performance: 5:14 min/km

Rank in course/Total: 110 (of 187)

Rank in course/Men: 94 (of 144)

Best time in course: 50:22

Rank in category: 12(of 15)

Best time in the category: 57:10