



## 27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

### Detailed evaluation

**Ewald, Wolfgang**

Club: Weimarer Spezialmontagen

Number: 2697

Course: 14.00 km

Hauptlauf

Category:

Männer M55

Total time: 1:14:56

Speed: 11.21 km/h

Running performance: 5:21 min/km

Rank in course/Total: 118 (of 187)

Rank in course/Men: 101 (of 144)

Best time in course: 50:22

Rank in category: 11(of 15)

Best time in the category: 56:07