



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Münch, Birgit

Club: sc impuls erfurt

Number: 2605

Course: 14.00 km

Hauptlauf

Category:

Frauen W40

Total time: 1:15:59

Speed: 11.06 km/h

Running performance: 5:26 min/km

Rank in course/Total: 122 (of 187)

Rank in course/Women: 20 (of 43)

Best time in course: 1:02:43

Rank in category: 6(of 11)

Best time in the category: 1:04:02