



## 27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

### Detailed evaluation

**Mieth, Michael**

Club: VfL 28 Elrich

Number: 2734

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:16:15

Speed: 11.02 km/h

Running performance: 5:27 min/km

Rank in course/Total: 125 (of 187)

Rank in course/Men: 105 (of 144)

Best time in course: 50:22

Rank in category: 20(of 27)

Best time in the category: 54:49