



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Hartwich, Manfred

Club: MTV Erfurt

Number: 2758

Course: 14.00 km

Hauptlauf

Category:

Männer M50

Total time: 1:16:57

Speed: 10.92 km/h

Running performance: 5:30 min/km

Rank in course/Total: 130 (of 187)

Rank in course/Men: 108 (of 144)

Best time in course: 50:22

Rank in category: 15(of 22)

Best time in the category: 55:16