



## 27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

### Detailed evaluation

**Niemann, Detlef**

Club: Utzberg

Number: 2554

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:19:10

Speed: 10.61 km/h

Running performance: 5:39 min/km

Rank in course/Total: 139 (of 187)

Rank in course/Men: 115 (of 144)

Best time in course: 50:22

Rank in category: 23(of 27)

Best time in the category: 54:49