



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Reinz, Sebastian

Club: LSV Untrut- Hainich

Number: 2766

Course: 14.00 km

Hauptlauf

Category:

Männer M30

Total time: 1:21:10

Speed: 10.35 km/h

Running performance: 5:48 min/km

Rank in course/Total: 146 (of 187)

Rank in course/Men: 118 (of 144)

Best time in course: 50:22

Rank in category: 10(of 10)

Best time in the category: 53:06