



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Braun, Jörg

Club: sc impuls erfurt

Number: 3000

Course: 14.00 km

Hauptlauf

Category:

Männer M35

Total time: 1:21:11

Speed: 10.35 km/h

Running performance: 5:48 min/km

Rank in course/Total: 147 (of 187)

Rank in course/Men: 119 (of 144)

Best time in course: 50:22

Rank in category: 13(of 15)

Best time in the category: 57:10