



## 27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

### Detailed evaluation

Lange, Bernd

Club: Weimar

Number: 2726

Course: 14.00 km

Hauptlauf

Category:

Männer M55

Total time: 1:25:54

Speed: 9.78 km/h

Running performance: 6:08 min/km

Rank in course/Total: 164 (of 187)

Rank in course/Men: 132 (of 144)

Best time in course: 50:22

Rank in category: 13(of 15)

Best time in the category: 56:07