



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Knoll, Michael

Club: LG Bad Frankenhausen/Göllingen

Number: 2661

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 1:26:07

Speed: 9.75 km/h

Running performance: 6:09 min/km

Rank in course/Total: 165 (of 187)

Rank in course/Men: 133 (of 144)

Best time in course: 50:22

Rank in category: 26(of 27)

Best time in the category: 54:49