



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg

Number: 2577

Course: 14.00 km

Hauptlauf

Category:

Männer M40

Total time: 1:26:32

Speed: 9.71 km/h

Running performance: 6:11 min/km

Rank in course/Total: 167 (of 187)

Rank in course/Men: 134 (of 144)

Best time in course: 50:22

Rank in category: 17(of 17)

Best time in the category: 50:41