



## 27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

### Detailed evaluation

Hirt, Daniel

Club: SV Sömmerda e.V.

Number: 2543

Course: 14.00 km

Hauptlauf

Category:

Männer M30

Total time: 53:06

Speed: 15.82 km/h

Running performance: 3:47 min/km

Rank in course/Total: 4 (of 187)

Rank in course/Men: 4 (of 144)

Best time in course: 50:22

Rank in category: 1(of 10)

Best time in the category: 53:06