



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Hoffmann, Hardy

Club: VfL 28 Ellrich

Number: 2679

Course: 14.00 km

Hauptlauf

Category:

Männer M45

Total time: 56:35

Speed: 14.85 km/h

Running performance: 4:02 min/km

Rank in course/Total: 12 (of 187)

Rank in course/Men: 12 (of 144)

Best time in course: 50:22

Rank in category: 3(of 27)

Best time in the category: 54:49