



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Kurch, Jörg

Club: VfL 28 Ellrich

Number: 2582

Course: 14.00 km

Hauptlauf

Category:

Männer M50

Total time: 59:31

Speed: 14.11 km/h

Running performance: 4:15 min/km

Rank in course/Total: 27 (of 187)

Rank in course/Men: 27 (of 144)

Best time in course: 50:22

Rank in category: 4(of 22)

Best time in the category: 55:16