



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Seidler, Bernd

Club: Stadtilm

Number: 2635

Course: 14.00 km

Hauptlauf

Category:

Männer M40

Total time: 1:03:22

Speed: 13.26 km/h

Running performance: 4:32 min/km

Rank in course/Total: 40 (of 187)

Rank in course/Men: 39 (of 144)

Best time in course: 50:22

Rank in category: 8(of 17)

Best time in the category: 50:41