



## 27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

### Detailed evaluation

**Kretzschmar, Manfred**

Club: Ichtershäusen

Number: 2704

Course: 14.00 km

Hauptlauf

Category:

Männer M55

Total time: 1:03:40

Speed: 13.19 km/h

Running performance: 4:33 min/km

Rank in course/Total: 42 (of 187)

Rank in course/Men: 41 (of 144)

Best time in course: 50:22

Rank in category: 4(of 15)

Best time in the category: 56:07