



27. AVENIDA-Stauseelauf Hohenfelden

Hohenfelden / 19.04.2009

Detailed evaluation

Seever, Thorsten

Club: Laufftreff AlteburgArnstadt

Number: 2631

Course: 14.00 km

Hauptlauf

Category:

Männer M35

Total time: 1:03:55

Speed: 13.14 km/h

Running performance: 4:34 min/km

Rank in course/Total: 43 (of 187)

Rank in course/Men: 42 (of 144)

Best time in course: 50:22

Rank in category: 4(of 15)

Best time in the category: 57:10