



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Luhmann, Mechthild

Club: Welper

Number: 1574

Course: 13.00 km

Nordic Walking

Total time: 1:44:56

Speed: 7.43 km/h

metres in height up: 414

Course score: 19.21

performance score: 143 Points