



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Zurek-Imhoff, Beatrix

Club: Hohe Ward Gazellen/TuS Hiltrup

Number: 1025

Course: 13.00 km

Walking

Total time: 1:47:14

Speed: 7.27 km/h

metres in height up: 414

Course score: 19.21

performance score: 140 Points