



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Schrempf-Lee, Stefanie

Total time: 1:46:00

Speed: 7.36 km/h

Number: 1542

metres in height up: 414

Course: 13.00 km

Course score: 19.21

Nordic Walking

performance score: 141 Points