



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

**Kindt, Silke**

Club: LTG-Remscheid

Number: 1625

Course: 13.00 km

Nordic Walking

Total time: 1:47:21

Speed: 7.27 km/h

metres in height up: 414

Course score: 19.21

performance score: 140 Points