



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Greiwe, Beate

Club: Laufteam Gescher

Number: 1550

Course: 13.00 km

Nordic Walking

Total time: 1:48:46

Speed: 7.17 km/h

metres in height up: 414

Course score: 19.21

performance score: 138 Points