



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

stolze, clemens

Club: wt-soest

Number: 1505

Course: 13.00 km

Nordic Walking

Total time: 1:49:48

Speed: 7.10 km/h

metres in height up: 414

Course score: 19.21

performance score: 136 Points