



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

**Dudaj, Irmgard**

Club: htv Herne

Number: 1602

Course: 13.00 km

Nordic Walking

Total time: 1:49:53

Speed: 7.10 km/h

metres in height up: 414

Course score: 19.21

performance score: 136 Points