



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Raue, Jürgen

Club: Hagen

Number: 1535

Course: 13.00 km

Nordic Walking

Total time: 1:50:31

Speed: 7.06 km/h

metres in height up: 414

Course score: 19.21

performance score: 136 Points