



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

**Dr.Sell, Annette**

Club: EscarGOts Bochum

Number: 1606

Course: 13.00 km

Nordic Walking

Total time: 1:51:06

Speed: 7.02 km/h

metres in height up: 414

Course score: 19.21

performance score: 135 Points