



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Quensel, Peter

Club: EscarGOts Bochum

Number: 1605

Course: 13.00 km

Nordic Walking

Total time: 1:53:46

Speed: 6.86 km/h

metres in height up: 414

Course score: 19.21

performance score: 132 Points