



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Raue, Bettina

Club: Hagen

Number: 1546

Course: 13.00 km

Nordic Walking

Total time: 1:54:09

Speed: 6.83 km/h

metres in height up: 414

Course score: 19.21

performance score: 131 Points