



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Braun, Freia

Club: LG Bauenkamp

Number: 1621

Course: 13.00 km

Nordic Walking

Total time: 1:54:19

Speed: 6.82 km/h

metres in height up: 414

Course score: 19.21

performance score: 131 Points