



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Kriebel, Ralf

Club: Attendorn

Number: 1527

Course: 13.00 km

Nordic Walking

Total time: 1:54:49

Speed: 6.79 km/h

metres in height up: 414

Course score: 19.21

performance score: 130 Points