



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Hamann, Helfried

Club: Schalksmühle

Number: 1526

Course: 13.00 km

Nordic Walking

Total time: 1:56:12

Speed: 6.71 km/h

metres in height up: 414

Course score: 19.21

performance score: 129 Points