



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Münse, Hans-Werner

Club: Turbo Schnecken Lüdenscheid

Number: 1512

Course: 13.00 km

Nordic Walking

Total time: 1:58:56

Speed: 6.56 km/h

metres in height up: 414

Course score: 19.21

performance score: 126 Points