



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Thiel, Petra

Club: Turbo Schnecken Lüdenscheid

Number: 1568

Course: 13.00 km

Nordic Walking

Total time: 2:00:57

Speed: 6.45 km/h

metres in height up: 414

Course score: 19.21

performance score: 124 Points