



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Litau, Olga

Total time: 2:01:12

Speed: 6.44 km/h

Number: 1635

metres in height up: 414

Course: 13.00 km

Course score: 19.21

Nordic Walking

performance score: 124 Points