



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

**Schellenberger, Manfred**

Club: LSF-Unna-2000

Number: 1508

Course: 13.00 km

Nordic Walking

Total time: 2:01:57

Speed: 6.40 km/h

metres in height up: 414

Course score: 19.21

performance score: 123 Points