



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

groll, frank

Club: wt-soest

Number: 2513

Course: 18.00 km

Nordic Walking

Total time: 2:06:01

Speed: 8.57 km/h

metres in height up: 640

Course score: 27.60

performance score: 237 Points