



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

**groll, frank**

Club: wt-soest

Number: 2513

Course: 18.00 km

Nordic Walking

Total time: 2:06:01

Speed: 8.57 km/h

metres in height up: 640

Course score: 27.60

performance score: 237 Points