



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Ritter, Sigrid

Club: Turbo Schnecken Lüdenscheid

Number: 1618

Course: 13.00 km

Nordic Walking

Total time: 2:03:21

Speed: 6.32 km/h

metres in height up: 414

Course score: 19.21

performance score: 121 Points