



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Wolfgang-Weingärtner, Claudia

Total time: 2:04:06

Speed: 6.29 km/h

Number: 1609

metres in height up: 414

Course: 13.00 km

Course score: 19.21

Nordic Walking

performance score: 121 Points