



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

fahrenholt, inge

Club: wt-soest

Number: 1570

Course: 13.00 km

Nordic Walking

Total time: 2:04:45

Speed: 6.25 km/h

metres in height up: 414

Course score: 19.21

performance score: 120 Points