



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Wall, Hans

Club: Koronarsportverein Distel-Walker

Number: 1501

Course: 13.00 km

Nordic Walking

Total time: 2:05:51

Speed: 6.20 km/h

metres in height up: 414

Course score: 19.21

performance score: 119 Points