



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

Böhle, Horst

Total time: 2:06:02

Speed: 6.19 km/h

Number: 1614

metres in height up: 414

Course: 13.00 km

Course score: 19.21

Nordic Walking

performance score: 119 Points