



## 4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

### Detailed evaluation

**Heringhaus, Anette**

Club: Skigemeinschaft Ennepetal

Number: 7546

Course: 7.25 km

Nordic Walking

Total time: 1:07:11

Speed: 6.25 km/h

metres in height up: 269

Course score: 11.04

performance score: 73 Points