



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Kentsch, Peter

Club: Lauftreff Ense

Number: 2561

Course: 18.00 km

Nordic Walking

Total time: 2:13:41

Speed: 8.08 km/h

metres in height up: 640

Course score: 27.60

performance score: 223 Points