



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Arlt, Renate

Total time: 2:11:11

Speed: 5.95 km/h

Number: 1604

metres in height up: 414

Course: 13.00 km

Course score: 19.21

Nordic Walking

performance score: 114 Points