



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Drees, Sylvia

Club: Koronarsportverein Distel-Walker

Number: 1551

Course: 13.00 km

Nordic Walking

Total time: 2:11:15

Speed: 5.94 km/h

metres in height up: 414

Course score: 19.21

performance score: 114 Points