



4. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 25.04.2009

Detailed evaluation

Polle, Reinhold

Club: Hohe Ward Gazellen/TuS Hilstrup

Number: 2003

Course: 18.00 km

Walking

Total time: 2:19:43

Speed: 7.73 km/h

metres in height up: 640

Course score: 27.60

performance score: 213 Points